

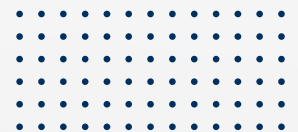


# Family Services of the Merrimack Valley

---

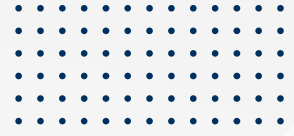
**2023**  
ANNUAL REPORT

---





# FROM OUR CEO



This fiscal year ending September 30, 2023 was interesting and exciting on many levels. For six months of the year, Family Services moved out of our central office building at 430 North Canal Street in Lawrence so that our building could undergo some much needed renovation.

When we moved back in June 2023, we returned to new space that is safe, secure, healthy, functional AND looks great! We are so pleased to be able to welcome clients back into a space that is warm and welcoming. The building renovation was made possible by 163 extremely generous individuals and organizations who participated in our Campaign to Build Change, which raised \$3 million to support the renovation and to establish a fund for ongoing program support.

During that time, our amazing staff managed to keep all programs and services up and running. With creativity, flexibility, and commitment, Family Services staff was able to reach over 5,000 individuals during the year – dramatically improving the lives of each and every one. Thank you to all who made this year a success.

With gratitude,

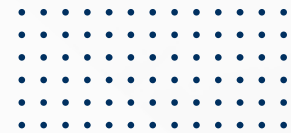


# OUR MISSION

“

Family Services empowers, nurtures and supports children and families through life's challenges to help them reach their full potential.

”



# MEASURES OF SUCCESS



5,339

lives positively impacted across 43 communities, through the commitment of 125 staff members, 299 volunteers, and 1,064 donors



22,078

calls answered on our Suicide & Crisis Lifeline

425



families provided diapers, formula, meals, and gift cards to meet basic needs

*Having a support group shows you that you're not alone; it's nice getting uplifting feedback and help from people who want nothing but the best for you. I always leave group feeling so much better.*

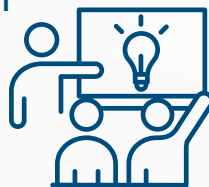
~ Suicide Attempt Survivor Support Group Participant



8,878

counseling sessions held

536 classes and events held to provide knowledge, skills, and opportunities for personal growth and success



314 young people matched with adult mentors and advocates



266 volunteers donated 9,420 service hours





# 2023 PROGRAM MENU



## Youth Development

- Adolescent Sexuality Education
- Arise Life Skills
- Big Friends Little Friends
- CASA (Court Appointed Special Advocates)
- Esteem Youth Development
- Personal Responsibility Education Program (PREP)
- Stand & Deliver
- Youth Diversion

## Parent Education

- Family & Community Resource Center
- Nurturing Fathers
- Strengthening Couples Program
- Young Empowered Parents
- Young Parent Support

## Mental Health & Wellness

- Counseling Center
- Elder Outreach
- Mental Health Awareness Training
- Samaritans Suicide Prevention & Postvention
- Therapeutic Mentoring
- Trauma Response

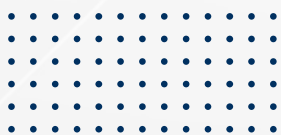
## Fiscal Sponsorships

Family Services is pleased to partner with the following organizations as their fiscal sponsor

- Lawrence/ Methuen Community Coalition
- One Wish Project
- Uncommon Threads

*"Before this program, I was struggling with mental health, charges of assault and battery, terrible relationships...The Diversion Program was my stepping stone. Through the program, I was introduced to my job, and learned coping skills. Without the Diversion Program most of my progress would be nonexistent."*

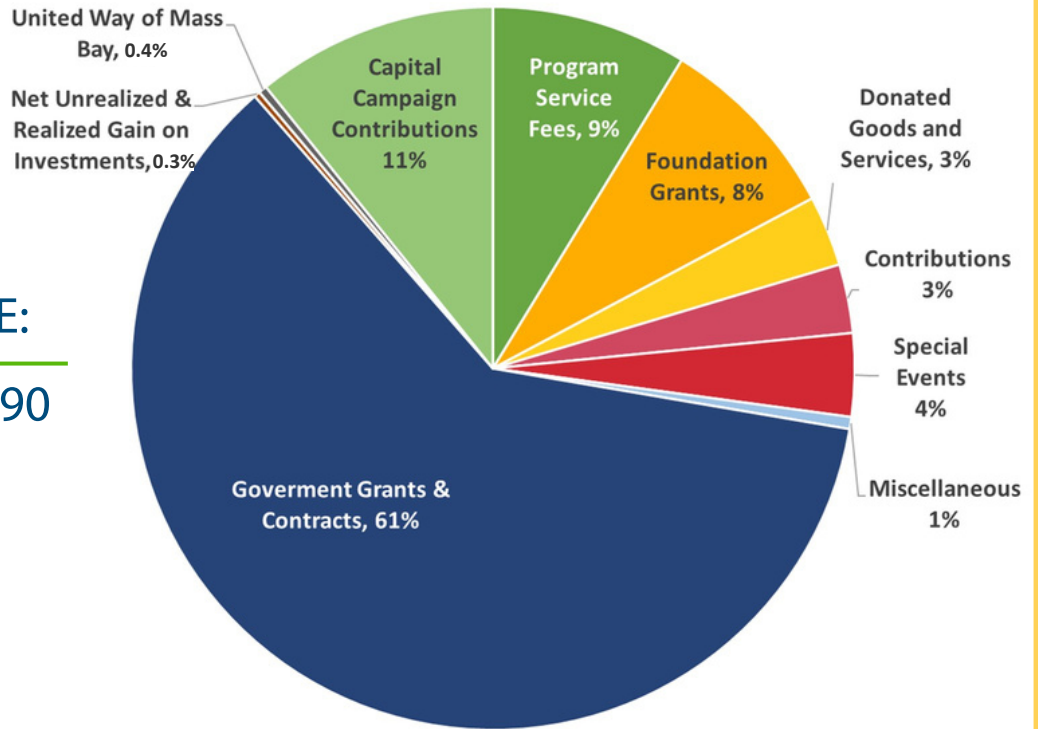
~ Youth Diversion Participant



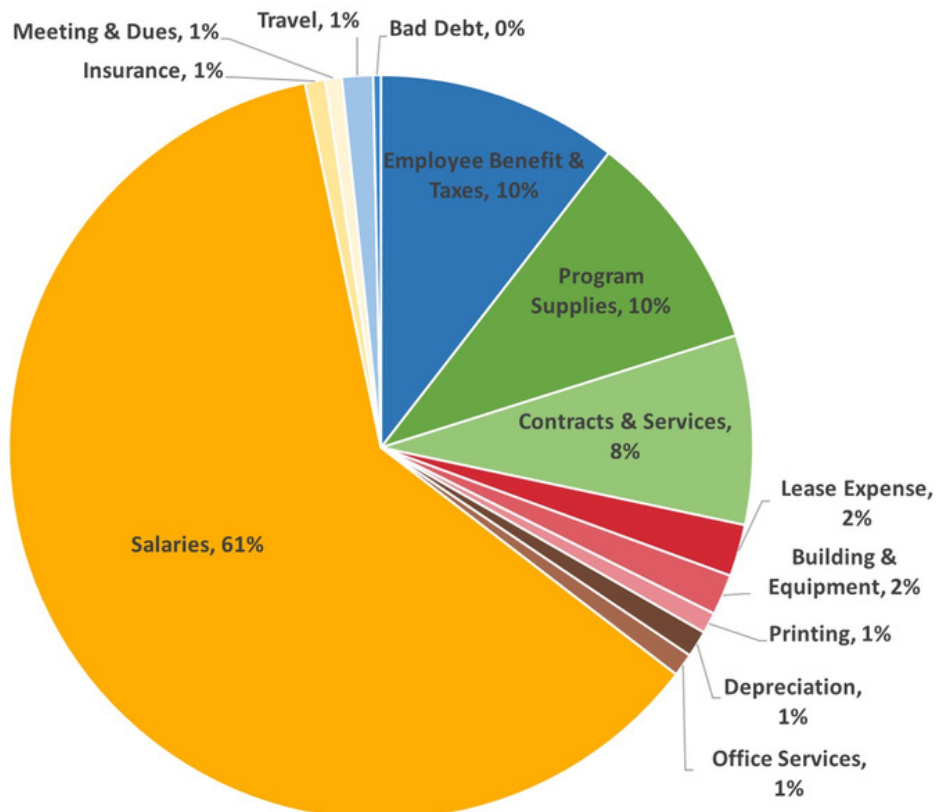
# FINANCIAL REPORT

Fiscal Year  
October 1, 2022 - September 30, 2023

**INCOME:**  
**\$8,623,590**



**EXPENSES:**  
**\$7,709,382**



# THANK YOU TO OUR DONORS



Our deepest thanks go to the following leadership donors who invested in our community by making a donation to Family Services during our fiscal year ending 9/30/23. In total, Family Services received \$1,946,236 from 1,027 donors!

## VISIONARY (\$20,000+)

Anonymous (x2)  
Amelia Peabody Foundation  
Andover Home for Aged People  
Lynne Capozzi & Don Bulens  
Cummings Foundation  
DCU - Digital Federal Credit Union  
Essex County Community Foundation  
Foundation M  
Gable Family Fund  
Ted Lowrie & Kathleen McShane  
Moderna Foundation  
Nordson Corporation  
Pfizer Global Supply  
Raytheon Systems Company  
Schneider Electric  
Richard & Lolli Sumberg  
The Peter and Elizabeth C.  
Tower Foundation  
The Stevens Foundations

## LEADERSHIP (\$10,000+)

The Army Charitable Trust  
Jared Bartok  
Catherine McCarthy Memorial Trust Fund

Charles River Labs  
Clinton H. and Wilma T. Shattuck  
Charitable Trust  
Stephen & Catherine DeSalvo  
Edward S. and Winifred G. Moseley  
Foundation  
Frank Reed & Margaret Jane Peters  
Memorial Funds  
Howe Insurance Agency  
John H. and H. Naomi Tomfohrde  
Foundation  
Josephine G. Russell Trust  
George & Janika LeMaitre  
Lincoln & Therese Filene Foundation  
Michelle & Eric Macaux  
Margaret M. Collins Charitable Trust  
NetScout  
New Balance Foundation  
Reading Cooperative Bank  
The Sidell Family  
The Mother Connection  
The Rogers Family Foundation  
Reed & Louise Valteau  
Vivian Vitale-Brown & Robert Brown

## GUIDING (\$5,000+)

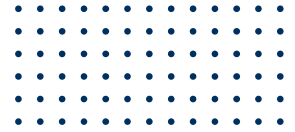
ALKU, Inc.  
Brian & Jill Benson  
DCU For Kids  
The DeLuca Family  
Enterprise Bank  
Kay Frishman & Ron Hilbink  
Peter & Kerstin Glick  
Greater Lawrence Summer Fund  
Tom & Mary Beth Haut  
Henry E. Niles Foundation  
Hiram Francis Mills Trust  
David Louis & Lori Howe  
Hunt Landscape Management  
Diane J Huster  
Nancy Kendrick & Peter Beatty  
KPMG, LLP  
LCW | Certified Public Accountants  
Connie LeMaitre  
M&T Bank Charitable Foundation  
Gary & Karen Martin  
Merrimack Valley Credit Union  
Morse Technologies  
Plumbers & Gasfitters Local 12 Boston  
Joanne Quinlan-Roberts &  
Thomas Roberts  
John & Ann Riley  
Windover Construction  
Brad & Noni Yount



Donors listed include those who made cash and in-kind donations, as well as grants and event support, exceeding \$5,000 during the period 10/01/2022 - 9/30/2023. We apologize for any omissions or mistakes.

Thank you to the additional 996 donors who gave between \$1 - \$4,999 during FY23.

# LEADERSHIP



## STAFF LEADERSHIP

Elizabeth Sweeney,  
*Chief Operating Officer*  
Aida Castro,  
*Chief Program Officer*  
Rosey Gonzalez,  
*Director of Operations & Events*  
Elizabeth Guilbeault,  
*Human Resource Director*  
Lori Howe,  
*Chief Operating Officer*  
Linda Moynihan,  
*Chief Financial Officer*

## BOARD OF DIRECTORS

Gary Sidell,  
*President*  
Debby Briggs,  
*Co-Vice President*  
Kurt Mittelstaedt,  
*Co-Vice President*  
Gregory Shaw,  
*Treasurer*  
Joanne Q. Roberts,  
*Secretary*  
Bruce Berzin  
Tad Bickford  
James Cieslik  
Steve DeSalvo  
David DeSouza  
Mary Beth Haut  
Michelle McCaux  
Henry Och  
John Riley  
Vivian Vitale

## ADVISORY BOARD

Richard Blain  
Armand Buonanno  
Deborah Burkholder  
Lynne Capozzi  
Caroline L. Cole  
Patricia H. Edmonds  
Sandra Funari  
Andrew Girdwood  
Gratia Gosselin  
Elijah Heckstall  
Diane J. Huster  
Nancy Kendrick  
Joan Kulash  
Connie LeMaitre  
Frederic B. Lowrie  
Amy Provost  
Kerin Pintzopoloulos  
Judith Reghitto  
Carol Reid  
Robert Rodriguez  
Lisa Rood  
Richard L. Sumberg  
John Weaver



430 North Canal Street, Lawrence MA 01840

p.978-327-6600 f: 978-327-6601

FSMV.org