## Youth Development Programs

<table>
<thead>
<tr>
<th>Program</th>
<th>Description</th>
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<tr>
<td><strong>Adolescent Sexuality Education (ASE)</strong></td>
<td>ASE is a 12-week positive youth development and pregnancy prevention program that utilizes the <em>Making Proud Choices</em> curriculum to teach healthy decision making, reproductive health, and healthy relationships to youth in Lawrence. ASE is provided through 15 annual 12-week cohorts (13 school based + 2 community based).  &lt;br&gt;  - <em>Funded by:</em> MA Dept. of Public Health  &lt;br&gt;  - <em>Target # of youth:</em> 140  &lt;br&gt;  - <em>Geographic Area:</em> Lawrence  &lt;br&gt;  - <em>Program Partners:</em> Esperanza Academy, Guilmette, Parthum and Arlington middle schools</td>
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<td><strong>ARISE</strong></td>
<td><em>ARISE Life Skills</em> is a violence prevention curriculum designed to foster leadership development for high-risk youth, provided through a sub-contract with the Lawrence Police Dept through their “Shannon Grant”. Six cohorts serving 50 (approx. 8 youth/cohort) youth are held annually.  &lt;br&gt;  - <em>Funded by:</em> Shannon Grant, Private Foundation Grants  &lt;br&gt;  - <em>Target # of youth:</em> 50  &lt;br&gt;  - <em>Geographic Area:</em> Lawrence  &lt;br&gt;  - <em>Referrals from:</em> Community, Lawrence Juvenile Court, Lawrence Public Schools</td>
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<td><strong>Personal Responsibility Education Program (PREP)</strong></td>
<td><em>PREP</em> is an 11-week program for 12-19 year olds at schools and community based organizations in Lawrence. The program interactively teaches abstinence and contraception for the prevention of pregnancy and STI’s through the <em>Making Proud Choices</em> curriculum, provided via 12 annual cohorts.  &lt;br&gt;  - <em>Funded by:</em> MA Dept. of Public Health  &lt;br&gt;  - <em>Target # of youth:</em> 140  &lt;br&gt;  - <em>Geographic Area:</em> Lawrence  &lt;br&gt;  - <em>Program partners:</em> Lawrence High School, Suenos Basketball, Lawrence Boys &amp; Girls Club</td>
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<td><strong>Youth Achievement &amp; Resilience (YAR)</strong></td>
<td>YAR provides a comprehensive case management model to youth ages 13-18 who are court involved, acting up at home/school or have a CRA. The goals of the program are: reduce the incidence of violent and antisocial behaviors among youth, increase self-esteem, increase school/education engagement, and improve pro-social plans for the future. A Case Manager will provide support and guidance to help young people establish and pursue personal goals with the aim to prevent future acts of violence. The program will consist of three</td>
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| **FUTURE (Fostering Understanding, Trust, Unity Resilience & Empowerment) aka Diversion Program** | The FUTURE Diversion Program is part of the DYS’s Diversion Learning Lab which seeks to develop a diversion model that can be made available statewide. As part of that initiative, Family Services’ provides a Diversion Coordinators to provide case management and positive youth development to young people who have who committed offenses to be directed away from more formal juvenile justice system involvement.

- **Funded by:** MA Dept. of Youth Services
- **Target # of youth:** 20
- **Geographic Area:** Lawrence
- **Referrals from:** Lawrence Police Dept, Lawrence Juvenile Court, Clerk Magistrates, District Attorney |

| **Essex County CASA (Court Appointed Special Advocates)** | CASA recruits, trains and supervises volunteers who advocate on behalf of abused and neglected children in the Essex County Juvenile Courts (Lawrence, Newburyport, Salem & Lynn). Volunteers are appointed as the Guardian ad Litem on complex “care and protection” cases, usually taking only one case at a time to advocate for the children’s best interests in court.

- **Funded by:** MA Trial Court, MA MOVA, National CASA Association, Private Foundation grants, fundraising
- **Ave Annual Caseload:** 150 children
- **Geographic Area:** Essex County |

| **Big Friends Little Friends (BFLF)** | BFLF (formerly Big Brothers Big Sisters of Greater Lawrence) matches mentors with young people ages 6-14. Mentors serve as positive role models, provide friendship, guidance and support. BFLF is a community based program that makes one to one, couples or family matches.

- **Funded by:** Private Foundation Grants, Fundraising
- **Target # of Clients:** 100 Matches (100 youth + 100 mentors)
- **Geographic Area:** Amesbury, Andover, Boxford, Georgetown, Groveland, Haverhill, Lawrence, Merrimac, Methuen, Newbury, Newburyport, North Andover, Rowley, Salisbury, and West Newbury |

| **Stand & Deliver** | Stand & Deliver is an academic mentoring program that matches Lawrence Public School and Greater Lawrence Technical School students with volunteers from Raytheon Missiles & Defense, Pfizer, Schneider Electric and New Balance. Students are transported to the partner company once a week to work on homework, MCAS prep, AP coursework and college readiness. High School seniors also work on college transition planning. Currently the program is in a hybrid-model, meetings weekly on virtual platforms and once a month in person. |

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<table>
<thead>
<tr>
<th>Leah Feroce, Mentoring Director</th>
<th>Michelle Martinez, Diversion Program Pilot Site Director</th>
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<tr>
<td>Danielle Emig, CASA Director</td>
<td>Angela Holloran, Advocate Supervisor Jamie Dunphy, Advocate Supervisor Cindy Parra, Advocate Supervisor Pam Wanstall, Advocate Supervisor (Salem) Ellen Killam, Admin Support Specialist</td>
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<tr>
<td>Leah Feroce, Mentoring Director</td>
<td>Katie Buttner, Supervisor Christina Sauerbrunn, Match Coord. Melany Felix, Match Coord. TBH, Part-Time Recruiter</td>
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<td>Program Name</td>
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<tr>
<td>Fatherhood Initiative</td>
<td>MA Dept of Education, Corporate Partners, Private Foundation grants, Fundraising</td>
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<td>Fatherhood &amp; Family Network (FFN)</td>
<td>Private Foundation Grants</td>
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<tr>
<td>Strengthening Couples Program (SCP)</td>
<td>U.S. Administration for Children &amp; Families</td>
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<tr>
<td>Young Empowered Parents (YEP)</td>
<td>MA Dept. of Public Health</td>
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<td>Young Parent Support (YPS)</td>
<td>MA Dept. of Children &amp; Families</td>
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| **Family & Community Resource Center** | The FCRC provides a host of programs for families in Greater Lawrence, for families with children ages birth to age 18. The FCRC also have specific services for families with children who may be frequently absent or have serious problems at school, at home, have run away from home, or being exploited. Current programs include: Parenting Wisely, Fitness Saturday, Parents Helping Parents, All Babies Cry, ESL Classes, My Loving Parents, Grandparents Group, Parenting Journey, Play Groups.  
- **Funded by:** MA Dept. of Children & Families  
- **Target # of Clients:** 545 Families  
- **Geographic Area:** Essex County |
| Lisette Cid, FCRC Director  
Jessica Ramos, Family Partner  
Miguelina Cabrera, Family Worker  
Blanca Duran, Family Worker  
Cindy Claflin, Clinician  
Liz Cabral, Family Support Worker  
Angel Perez, ESL Instructor  
TBH, School Liaison  
TBH, Data & Admin Support Specialist |

| **State Opioid Response-Prevention in Early Childhood (SOR-PEC) Initiative** | The purpose of the SOR-PEC Initiative is to build the capacity of the community to mitigate future risks for substance use among children (prenatal – 11 years of age) with familial history of substance misuse and addiction. The Initiative will achieve this goal by forming a coalition of stakeholders that will complete SAMHSA’s Strategic Prevention Framework (SPF) process to select and implement comprehensive prevention services.  
- **Funded by:** MA DPH/Bureau of Substance Addiction Services  
- **Geographic Area:** Lawrence  
- **Program partners:** GLCAC, Community Group, The Professional Center, Mayor’s Health Task Force, MSPCC |
| Chandini Paul, Program Coordinator |

| **EMOTIONAL WELLNESS** |

| **Mental Health Clinic** | Professional mental health treatment, includes medication management as needed for individual enrolled in treatment at FSMV.  
- **Funded by:** Third party insurance  
- **Target # of Clients:** 450  
- **Geographic Area:** Greater Lawrence/Haverhill  
- **Program partners:** clinical sessions provided onsite at Greater Lawrence Tech School, Comprehensive Grammar School (Methuen), Tenney Grammar School (Methuen), Bradford School (Haverhill), Consentino School (Haverhill), Thomson School (No Andover), Bradstreet Early Childhood Center (No Andover) |
| Krystal Dunn, Clinical Director  
12 Clinicians, MA, MSW, LCSW, LICSW, LMHC  
Helen Hamer, Medical Director  
Kara Bloomingdale, Nurse Practitioner |

| **Therapeutic Mentoring** | One-to-one, structured community-based support as a supplement to other mental health treatment services. Services are provided in any setting where the child or youth resides (such as home or foster care) and in community setting such as a school, child care setting, for youth under age 21, currently in therapy, and has MassHealth.  
- **Funded by:** Third party insurance  
- **Target # of Clients:** 22  
- **Geographic Area:** Greater Lawrence/Haverhill |
| Krystal Dunn, Program Director  
Ileana Hernandez, TM Supervisor  
5 Therapeutic Mentors |
| Andover & Methuen Elder Outreach | Provides care to elders in Methuen & Andover in collaboration with Senior Centers. Care includes site-based groups as well as home visits with isolated elders.  
  * Funded by: Andover & Methuen Councils on Aging, Private Foundation grant  
  * Target # of Clients: 75  
  * Geographic Area: Andover & Methuen |
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<td>Maggie Leblanc, LPN</td>
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Samaritans of Merrimack Valley
Debbie Helms, Samaritans Director
Jenny Ngo, Crisis Line Facilitator
Emmalie Langan, Training Facilitator

Operates suicide prevention helpline with assistance of trained volunteers. Provides “Gatekeeper” trainings to individuals who come in contact with high-risk populations (elders + middle aged men), monthly support groups to suicide survivors, individual outreach/visits to suicide survivors, Caring Connections support for high risk individuals, a monthly attempt survivor support groups, and community outreach and education sessions. Satellite call center located in North Andover.
  
  * Funded by: MA Dept. of Public Health, Private Foundation Grants, Fundraising  
  * Target # of Clients: 900  
  * Target # Calls: 12,000  
  * Geographic Area: Essex County |
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Trauma Response
Debbie Helms & Lori Howe

Provide Psychological First Aid in response to traumatic events at organizations and in communities, in collaboration with Riverside Trauma Center.
  
  * Funded by: Riverside Trauma Center, fee for service  
  * Average 3 – 4 trauma responses annually, reaching 75 people  
  * Geographic Area: Essex County |
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EAP/Workplace Services
Lori Howe, EAP Director

Contracts with local companies to provide mental health support to their employees, including 3 free therapy sessions + trainings and workshops.
  
  * Funded by: Contracts with 8 organizations, covering 2,722 employees.  
  * Geographic Area: Greater Lawrence/Haverhill |
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Youth Mental Health First Aid
Debbie Helms, Program Director
TBH, Program Coordinator
TBH, Training Facilitator

Mental Health Awareness Training (MV-MHAT) Project, which will train adults who regularly interact with youth in Andover, Lawrence, Lowell, Haverhill, Methuen, and North Andover in the Youth Mental Health First Aid (YMHFA) curriculum. YMHFA helps trainees recognize the signs and symptoms of mental illness and amongst middle and high school students and safely link them with appropriate resources. Over the five year project period (2021 – 2026), the MV-MHAT Project will train 1,560 adults including teachers, guidance staff, paraprofessionals, security officers, coaches, volunteers, mentors and other community members.
  
  * Funded by: U.S. Substance Abuse Mental Health Services Administration  
  * Geographic Area: Merrimack Valley |
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FISCAL SPONSORSHIP |
| **Lawrence/Methuen Community Coalition, Parker Street**  
**Harold Magoon, Director**  
Jacquie Chamberlain, Admin Assist  
Grace Corporan, Patch Coordinator  
Ana Javier, Substance Abuse Prevention Collaborative Coordinator  
Evelyn Rodriguez, Drug Free Communities Coordinator  
Christine Castle, Opioid Abuse Prevention Collaboration Coordinator  
Madeline Maldonado, Family Services Advocate | Patch Program, Families & Youth Initiative, Community Coalition, Opioid Prevention Coalition, Substance Abuse Prevention Coalition, Drug Free Communities. |
|---|---|
| **Uncommon Threads, 60 Island Street**  
Susan Kanoff, Exec. Director  
Margie Rothschild, Assistance Director | Using beautiful clothing and personal styling as initial tools, our goal is for women to feel nurtured, beautiful and confident by changing the way they view themselves and the way they are perceived by others. |
| **One Wish Project**  
Hanna Finn | Provides birthday celebrations for young people living in homeless shelters. |